

# APPLICATION FOR TEACHING IN THE UNITED STATES

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## MEDICAL HISTORY AND EXAMINATION FORM INSTRUCTIONS

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The submission of a completed Medical History and Examination Form is a required part of the J-1 visa application process. The attached form should be completed and included with your J-1 visa materials.

You should complete the Medical History portion of the form (Part I Items 1 to 10) prior to the medical examination. The Physical Examination Form (Part II Items 1 to 14) must be completed by a qualified, licensed physician.

# MEDICAL HISTORY AND EXAMINATION FORM

## I. MEDICAL HISTORY

MEDICAL HISTORY MUST BE COMPLETED BY THE APPLICANT IN ENGLISH AND SIGNED BEFORE VISITING THE EXAMINING PHYSICIAN  
PLEASE TYPE OR PRINT IN INK

1. NAME: \_\_\_\_\_  
Last
First
Other

2. DATE OF BIRTH: \_\_\_\_\_  
Month/Day/Year

3. SEX:     Male     Female

4. PLACE OF ORIGIN OR PERMANENT RESIDENCE: \_\_\_\_\_  
City
Country

5. PRESENT ADDRESS: \_\_\_\_\_  
Home or Residence
City
Country

6. ASSIGNMENT LOCATION: \_\_\_\_\_  
 (If known)
 University/City/State

7. DATES: \_\_\_\_\_  
From
To

8. Indicate YES or NO. YES answers MUST be explained in the space provided. (Additional space available on Page 2 of this form.)

	YES	NO	EXPLANATION
(a) Have you ever had any significant or serious illness(es) or injuries? (State nature of problems/places/dates.)	<input type="checkbox"/>	<input type="checkbox"/>	
(b) Have you ever had any operations or been advised by a physician to have an operation? (Describe and give places/dates.)	<input type="checkbox"/>	<input type="checkbox"/>	
(c) Have you ever been a patient in a mental hospital or sanitarium or treated by a psychiatrist? (Give places/dates.)	<input type="checkbox"/>	<input type="checkbox"/>	
(d) Do you currently take medication for treatment of a medical condition (list name/dose) or do you require the use of a medical device?	<input type="checkbox"/>	<input type="checkbox"/>	

9. Do you now have or have you ever had any of the conditions listed below? (Check YES or NO for each item.)

CHECK EACH ITEM	YES	NO	CHECK EACH ITEM	YES	NO
(a) Epilepsy, convulsions, fits.	<input type="checkbox"/>	<input type="checkbox"/>	(m) Tropical diseases (malaria, bilharzia, amoebiasis, leprosy, filariasis, yaws, etc.).	<input type="checkbox"/>	<input type="checkbox"/>
(b) Eye disease, vision defect in one or both eyes.	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
(c) Tooth or gum disease (periodontal disease).	<input type="checkbox"/>	<input type="checkbox"/>	(n) Depression, anxiety, attempted suicide or other psychological symptoms.	<input type="checkbox"/>	<input type="checkbox"/>
(d) Asthma, emphysema, or other lung conditions.	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
(e) Tuberculosis or exposure to tuberculosis.	<input type="checkbox"/>	<input type="checkbox"/>	(o) Drug or narcotic habit such as marijuana, cocaine, heroin, LSD, or any derivatives.	<input type="checkbox"/>	<input type="checkbox"/>
(f) High/low blood pressure, heart disease.	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
(g) Stomach, liver (hepatitis), gallbladder disease.	<input type="checkbox"/>	<input type="checkbox"/>	(p) Bleeding disorder, blood disease, sickle cell anemia.	<input type="checkbox"/>	<input type="checkbox"/>
(h) Hernia (rupture)/Genito-Urinary/Rectal Disorder.	<input type="checkbox"/>	<input type="checkbox"/>	(q) Tumor, abnormal growth, cyst, or cancer.	<input type="checkbox"/>	<input type="checkbox"/>
(i) Kidney or bladder condition, stone or blood.	<input type="checkbox"/>	<input type="checkbox"/>	(r) Skin disorder growths psoriasis.	<input type="checkbox"/>	<input type="checkbox"/>
(j) Diabetes, sugar in the urine.	<input type="checkbox"/>	<input type="checkbox"/>	(s) Gynecological disease/abnormal menses.	<input type="checkbox"/>	<input type="checkbox"/>
(k) Joint disease or injury, swollen or painful joints.	<input type="checkbox"/>	<input type="checkbox"/>	(t) Hearing impairment.	<input type="checkbox"/>	<input type="checkbox"/>
(l) Back pain, or spinal condition, use of back brace.	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>

10. If you answered YES to any item in Question 9, please explain in detail (include dates of occurrence, treatment, and outcome):

# MEDICAL HISTORY AND EXAMINATION FORM

Questions 8 and/or 10 (Continued):

11. Name two individuals who could be notified in case of emergency (one in the United States and one in your home country).

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone number(s): \_\_\_\_\_

Telephone number(s): \_\_\_\_\_

Relationship: \_\_\_\_\_

Relationship: \_\_\_\_\_

12. I certify that I have reviewed the foregoing information supplied by me, and that it is true and complete to the best of my knowledge. In the event of a serious illness or medical emergency during the assignment, I authorize release of my medical records to the United States Department of State or its designated contractual agency.

I understand that if any of this information is found to be substantially inaccurate or incomplete, it may be grounds for termination of my status in the United States and my return to China.

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

# MEDICAL HISTORY AND EXAMINATION FORM

## II. PHYSICAL EXAMINATION FORM

THIS PHYSICAL EXAMINATION FORM MUST BE COMPLETED IN ENGLISH BY A DESIGNATED AND QUALIFIED PHYSICIAN AFTER REVIEWING THE EXAMINEE'S MEDICAL HISTORY (PART I), CONDUCTING A PHYSICAL EXAMINATION, AND ASSESSING LABORATORY AND X-RAY RESULTS. THE EXAMINING PHYSICIAN MUST COMMENT ON ALL POSITIVE AND/OR SIGNIFICANT FINDINGS AND SIGN WHERE INDICATED.

PLEASE TYPE OR PRINT IN INK

1. APPLICANT'S NAME: \_\_\_\_\_  

Last
First
Other

2. HEIGHT: \_\_\_\_\_ in or cm      3. WEIGHT: \_\_\_\_\_ lb or kg      4. CORRECTED VISION:    20: \_\_\_\_\_ 20: \_\_\_\_\_  


Left
Right

5. BLOOD PRESSURE: \_\_\_\_\_ syst./diast.      6. PULSE RATE: \_\_\_\_\_  

Circle whether regular or irregular

7. URINALYSIS: \_\_\_\_\_  

Sugar
Albumin
Microscopic examination

8. ELECTROCARDIOGRAM REPORT (If indicated by history or physical examination):

9. BLOOD SEROLOGY TEST FOR SYPHILIS:      Test Used: \_\_\_\_\_      Positive Negative

10. A SKIN TEST FOR TUBERCULOSIS IS REQUIRED OF ALL APPLICANTS UNLESS A BCG VACCINATION HAS BEEN GIVEN RECENTLY. If vaccinated and a PPD skin test is contraindicated, a chest X-Ray is required to rule out active tuberculosis.

Tuberculin Skin Test:      PPD Test: \_\_\_\_\_      Positive Negative

BCG Vaccine Given:      No Yes      Date of Series: \_\_\_\_\_

Date and Result of Chest X-Ray: \_\_\_\_\_

11. CLINICAL EVALUATION: (Please provide an answer to each item. Abnormal findings must be fully explained in the space provided.)

	NORMAL	ABNORMAL	DESCRIBE ABNORMAL FINDINGS
(a) Head, Nose, Mouth.			
(b) Ears, Hearing Acuity.			
(c) Eyes, Visual Acuity.			
(d) Lungs and Chest/Breast.			
(e) Heart, Rhythm and Sounds.			
(f) Vascular System.			
(g) Abdomen, Hernia, etc.			
(h) Rectum/Prostate, Hemorrhoids, Fistula.			
(i) Urinary System.			
(j) Spine and Extremities.			
(k) Skin, Lymph Nodes, Scars.			
(l) Neurological System/Reflexes.			
(m) Emotional Stability.			

12. THE PHYSICIAN MUST COMMENT ON ALL ITEMS MARKED YES IN THE MEDICAL HISTORY (PART I) AND COMMENT ON ANY CONDITION DISCOVERED DURING THE EXAMINATION.

13. PHYSICIAN'S SUMMARY STATEMENT AND DIAGNOSIS:

# MEDICAL HISTORY AND EXAMINATION FORM

## 14. IMMUNIZATION REQUIREMENTS

The applicant is responsible for obtaining the required immunizations for entry into the United States. The WHO International Certificate of Vaccination is the proper document for recording immunizations or vaccinations. Universities require proof of immunization against the following diseases:

### MEASLES (Rubeola)

Date of Live Immunization: \_\_\_\_\_

or Date of Disease: \_\_\_\_\_

### RUBELLA

Date of Immunization: \_\_\_\_\_

or Date of Rubella Titer: \_\_\_\_\_

NOTE: HISTORY OF DISEASE IS NOT ACCEPTABLE  
PROOF OF IMMUNITY TO RUBELLA.

RESULTS: \_\_\_\_\_

### POLIO

Date series completed, type: \_\_\_\_\_

### MUMPS

Date of Immunization: \_\_\_\_\_

### DIPHTHERIA (DPT), Whooping Cough, Tetanus

Date series completed: \_\_\_\_\_

TETANUS BOOSTER (Most Recent): \_\_\_\_\_

I have completed my physical examination to the best of my knowledge and have reviewed the applicant's medical history, laboratory evaluations, tuberculin skin tests, and immunization record. I certify that the applicant is free of active tuberculosis, and any other contagious diseases.

It is my opinion that the applicant's physical and emotional condition is satisfactory for a full course of study, research, or lecturing in an academic environment and that there are no limitations on activity or special assistance expected for the duration of the assignment period proposed.

YES NO

SIGNATURE: \_\_\_\_\_ NAME OF PHYSICIAN (printed): \_\_\_\_\_  
DATE: \_\_\_\_\_ COUNTRY WHERE LICENSED: \_\_\_\_\_ NUMBER: \_\_\_\_\_  
ADDRESS OF PHYSICIAN: \_\_\_\_\_

### FOR REVIEWING AUTHORITY USE ONLY

The applicant's history, physical examination results, and examining physician's opinion have been reviewed and are found to be **complete/incomplete** and **meet the standards/do not meet the standards** for the proposed academic grant.

REVIEWED BY: \_\_\_\_\_ DATE: \_\_\_\_\_  
SIGNATURE: \_\_\_\_\_  
ORGANIZATION: \_\_\_\_\_